



WODONGA
MIDDLE YEARS COLLEGE

Middle Years *my* news



Newsletter No 21

Term 3

July 30, 2018

Principal's Report

Wodonga Federation of Government Schools Professional Learning Day

On Friday last week, all teachers in The Wodonga Federation of Government Schools joined together for our annual conference. It is an exciting time for government schools in Wodonga as the culture of collaboration is taken to the next level for the benefit of our students. As Wodonga Government schools we recognise that no single school can do it all on their own but together, we will ensure that all Federation students benefit from the highest standards of learning and teaching and are inspired, supported and ethically prepared to fulfil their potential. Throughout the day staff undertook a variety of workshops to enhance teaching and learning in the College. We thank parents for their support on this day in caring for their children while we participated in this important event.

Parent Survey

WE WANT OUR PARENTS TO TELL US WHAT THEY THINK

Our school is conducting a survey to find out what parents think of our school. The Parent Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted amongst a sample of randomly selected parents at each school.

It is designed to assist our school in gaining an understanding of parents' perception of school climate, student engagement and relationships with our parent community. Our school will use the survey results to help inform and direct future school planning and improvement strategies. The survey will be conducted **online by ORIMA Research Pty Ltd** and only takes **15 minutes** to complete. The survey can be accessed via desktop computer, laptop, tablet or mobile at any convenient time within the period in August.

Parents who were selected have already received their notification.

Maree Cribbes
Campus Principal

Student Information Details

The Education Department requires all schools to review Student Information Details twice each year.

All students from Years 7, 8 and 9 have received a copy of their current details.

Please check the information, make any changes, sign and return the forms to the College even if there are no changes.

Having accurate up to date information is vital if there is an emergency.

Thank you to those who have already returned the forms.

Defence Students

Meals on Wheels

The defence students have started a weekly Meals on Wheels run through Westmont Aged Care. Two students take time out of school each Wednesday to help deliver meals to the elderly and less fortunate of Wodonga - here are Bailey (Year 9) and Sam (Year 8) from today's run. It is a great way for them to get to see firsthand a service delivery provider in Wodonga; meet other defence students, and orientate themselves in Wodonga. This will continue for the remainder of the year.



Anthony Nicholson
Defence Transition Mentor

Library

River of Stories

The annual River of Stories competition is on again for students in Years 7 – 10. In previous years WMYC students have been very successful in all sections of the competition.

There are two sections:

Section 1: Short Story

1500 word maximum

Open theme

Section 2: Poem

No word limit

Open theme

The winner of each section will receive \$200 plus \$500 towards their school library. The winning entry from each school will receive a Dymocks book voucher valued at \$50.

Entries close Wednesday September 19, 2018 and should be delivered or mailed to: Albury LibraryMuseum, Cnr Kiewa and Swift Streets, Albury.

There will be an Awards Presentation Saturday October 20, 2018 at 12noon at the Albury LibraryMuseum.

For more information, contact Barry Young, Albury Hume Rotary Club on 02 6043 1565 or email: barryyoung@bigpond.com; or, Janien Ferguson on 02 6023 8352 or email: learningoutreach@alburycity.nsw.gov.au or see your WMYC Library staff.



FELLTIMBER CAMPUS
Hedgerow Court, Wodonga, Victoria 3690
Ph: 02 6057 9000, Fax: 02 6059 2900

Absence Hotline
02 6057 9051

HUON CAMPUS
22-24 Mitchell Street, Wodonga, Victoria 3690
Ph: 02 6057 9000, Fax: 026024 3633

Email: wodonga.middle.years.co@edumail.vic.gov.au
www.wmyc.vic.edu.au



Nurse

Asthma

Symptoms of asthma can vary over time and often vary from person to person. The most common asthma symptoms are:

- breathlessness
- wheezing (a whistling noise from the chest)
- tight feeling in the chest
- a persistent cough

Symptoms often occur at night, early in the morning or during/just after physical activity. If asthma is well controlled, a person should only have occasional asthma symptoms.

Triggers

A trigger is something that sets off or starts asthma symptoms. Everyone with asthma has different triggers. For most people with asthma, triggers are only a problem when asthma is not well controlled with medication. Common asthma triggers include:

- exercise
- colds/flu
- smoke (cigarette smoke, wood smoke from open fires, burn-offs or bushfires)
- weather changes such as thunderstorms and cold, dry air
- house dust mites
- moulds
- pollens
- animals such as cats and dogs
- chemicals such as household cleaning products deodorants (including perfumes, after-shaves, hair spray and aerosol deodorant sprays). Students are reminded not to use aerosols at school
- food chemicals / additives
- certain medications (including aspirin and anti-inflammatories)



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0457 849 112


Email
WMcnamara@berrystreet.org.au

Web
www.saverplus.org.au

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.




Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.




Police Citizens Youth Clubs

Albury PCYC has lots of activities on offer including Judo, Boxing, Netball, and Safer Driver.

For more information:
Phone: 02 6021 7437 or
email: albury@pcycnsw.org.au or
Fax: 02 6023 3857

Opening hours:
Monday –Thursday 10am - 7.30pm
Friday 12pm - 6.30pm

An Activities Schedule is attached to this newsletter.

 Find us on:
facebook

facebook.com/pcyc.albury

Dates to Remember	
Dates for 2017/18	Activity
August 15	▶ Subject Expo Evening 5-7pm. Trade Training Centre at WSSC. For Year 9 into Year 10 students and parents



Are you a Grandparent, aunt, uncle, sibling or friend raising a child?



Upper Murray Family Care will be having a free, informative support circle meeting where you can gather and connect with fellow family members who share similar experiences.

Open to all Grandparents and other relatives raising a family member's child.

Meet other Grandparents and relatives who are raising and/or the primary caregivers for a child. The group would like to have an emphasis on socialising and building and sharing resources for family members raising a child.

Morning tea provided.

Where: UMFC, 27-29 Stanley Street, Wodonga

When: From 10.30am till 12 noon
Thurs, 20th Sept
Thurs, 18th Oct
Thurs, 15th Nov
Fri, 14th Dec

No bookings required just turn up on the day.

If you require further information contact Jen Lapp on 02 6055 8000